

10am

Heart Beat Healthy Walks

Mondays: Soham Meet at St Andrew's Church 10am

Tuesdays: Littleport 10:30am Meet at Harley-Davidson Sculpture

Tuesdays: E1y 2pm Meet outside entrance to Ely Cathedral

Littleport Evening Walk Tuesdays: Meet at St George's Medical Centre 6.30pm

Wednesdays: Wicken Fen Meet at Wicken Fen Car Park

Wednesdays: Sutton Meet outside Brooklands Centre 10am

Wednesdays: Littleport Buggy Walk Meet at Littleport Children's Centre health? 11:30am

Thursdays: Burwell Meet at War Memorial near Post Office 10am

Fridavs: Sutton - Last Friday of the Month ONLY Meet outside Brooklands Centre 10am

> Walks are FREE and last no longer than 1 hour For information contact 01353 865393.



walk 4 life



Cambridgeshire County Council

mytime health 7

National

walkin for health