

**Joint Strategic Needs
Assessment
Prevention in Working
Age Adults
2011

Community
Engagement**

What is a JSNA?

A Joint Strategic Needs Assessment (JSNA) is the means by which PCTs and local authorities describe the future health, care and wellbeing needs of the local populations and to identify the strategic direction of service delivery to meet those needs.

Aims of the JSNA

- Provide analyses of data to show the health and wellbeing status of local communities.
- Define where inequalities exist.
- Provide information on local community views
- Provide evidence of effectiveness of existing interventions which will help to shape future plans for services.
- Make specific recommendations based on the information and evidence collected.

Prevention of ill health amongst adults 16-65

NHS Cambridgehire, Cambridgeshire County Council, district councils and other organisations in Cambridgeshire are looking at how ill health can be prevented. This survey is about finding out what you think about preventing ill health in those aged between 16 and 65. It is entirely confidential, but please leave out any questions you prefer not to answer.

Section 1: Contributing factors to ill health

1. Do you think that some ill health can be prevented ?

Yes No

2. Do you think any of the following factors contribute to ill health in people aged between 16 and 65? (please tick all of those that apply)

- | | | | |
|--------------------------------------|--------------------------|---|--------------------------|
| Inherited health (family genetics) | <input type="checkbox"/> | Drinking unhealthy amounts of alcohol | <input type="checkbox"/> |
| Lack of education or training | <input type="checkbox"/> | Unhealthy diet | <input type="checkbox"/> |
| Income | <input type="checkbox"/> | Lack of face to face contact | <input type="checkbox"/> |
| Type of job | <input type="checkbox"/> | Stress | <input type="checkbox"/> |
| Unemployment | <input type="checkbox"/> | Other lifestyle factors (please write in below) | <input type="checkbox"/> |
| Lack of housing/Poor quality housing | <input type="checkbox"/> | _____ | <input type="checkbox"/> |
| Pollution | <input type="checkbox"/> | Feeling safe and secure in community | <input type="checkbox"/> |
| Smoking | <input type="checkbox"/> | Lifestyle services that support people to have healthy lifestyles that are not close to home or easy to use | <input type="checkbox"/> |
| Physical inactivity | <input type="checkbox"/> | Health care services that are not close to home or open at different times | <input type="checkbox"/> |
| | <input type="checkbox"/> | Other (please specify below) | <input type="checkbox"/> |

3. How do you feel about each of the following two statements ?

- | | Strongly agree | Tend to agree | Neither agree or disagree | Tend to disagree | Strongly disagree |
|--|--------------------------|--------------------------|---------------------------|--------------------------|--------------------------|
| a. People should look after their own health | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Please briefly explain your answer

- b. People should be helped and supported to remain healthy and to prevent illness.

	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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Please briefly explain your answer

Section 2: Cambridgeshire Services

4. Which of the following services that exist in Cambridgeshire: a. have you heard of before and b. think are important in preventing ill health?

Services	a. heard of before	b. think are important
GP's and Nurses	<input type="checkbox"/>	<input type="checkbox"/>
Citizens Advice Bureau	<input type="checkbox"/>	<input type="checkbox"/>
Local Housing Services	<input type="checkbox"/>	<input type="checkbox"/>
Local Leisure Services that provide opportunities for physical or sporting activity	<input type="checkbox"/>	<input type="checkbox"/>
Healthy eating and cooking programmes	<input type="checkbox"/>	<input type="checkbox"/>
Adult Education Services	<input type="checkbox"/>	<input type="checkbox"/>
Skills Development/Retraining Schemes	<input type="checkbox"/>	<input type="checkbox"/>
Employment services	<input type="checkbox"/>	<input type="checkbox"/>
Weight loss schemes	<input type="checkbox"/>	<input type="checkbox"/>
Stress management/schemes to improve mental well being	<input type="checkbox"/>	<input type="checkbox"/>
Other mental well being services	<input type="checkbox"/>	<input type="checkbox"/>
Stop Smoking Services	<input type="checkbox"/>	<input type="checkbox"/>
Alcohol Services	<input type="checkbox"/>	<input type="checkbox"/>
Workplace schemes that support healthy lifestyles	<input type="checkbox"/>	<input type="checkbox"/>
Other (please specify) _____	<input type="checkbox"/>	<input type="checkbox"/>

Section 3: Using Prevention Services

5. What do you think may stop people using these services?

Cost	<input type="checkbox"/>	Lack of childcare	<input type="checkbox"/>
Too far from home	<input type="checkbox"/>	Employee commitments such as working late or night shifts	<input type="checkbox"/>
Inconvenient opening times	<input type="checkbox"/>	Never done it before	<input type="checkbox"/>
Lack of information	<input type="checkbox"/>	Other (please specify below)	<input type="checkbox"/>
Too far to travel	<input type="checkbox"/>	_____	

6. Which health problems do you think could be prevented?

Section 4: Monitoring information and further comments

Are you male or female?

Male Female

How old are you?

16 - 24 25 - 44 45 - 64 65 +

What is your ethnic origin?

White: British	<input type="checkbox"/>	White: Irish	<input type="checkbox"/>
White: Other	<input type="checkbox"/>	Black or Black British	<input type="checkbox"/>
Asian or Asian British	<input type="checkbox"/>	Chinese	<input type="checkbox"/>
Mixed Background	<input type="checkbox"/>	Other ethnic group	<input type="checkbox"/>

If White: Other or Other ethnic group please specify: _____

What is your post code?

Please include below any further comments you would like to make.

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